

Mint

CURRENT MENU



Open 7 days Monday–Sunday, 11:00am–11:00pm
Kitchen hours 11:30am–3:00pm & 5:00pm–8:30pm
Please note that a 10% surcharge applies on public holidays

WELCOME TO ROWERS

- We are open seven days for dine in, takeaway, delivery, and drinks.
- Club hours are Monday–Sunday, 11am–11pm.
- Kitchen hours are 11:30am–3:00pm & 5:00pm–8:30pm.
- Tapas & small plates are also available Friday–Sunday, 3:00–5:00pm.
- Please note that a 10% surcharge applies on public holidays.
- Booking times will be limited to 2 hours.
- Members & guests will be required to wear masks at all times unless eating or drinking.
- Capacity is limited to 1 person per 2 square metres.

BOOKINGS

- Patrons wishing to dine with us are encouraged to book ahead. Minors must be included in the number of guests. Babies in prams are exempt.
- No split bookings accepted.
- Contactless payment options are preferred.

MEMBERSHIP

- Ask our friendly staff about our 1 year, 3 year, and 5 year membership options.
- Benefits include discounts on food and beverages, special offers via email, and welcome vouchers when you sign up or renew for 3 and 5 year memberships.
- For more information about memberships, or to sign up online, please visit rowersoncooksriver.com.au/members-new/



CONTACTLESS TABLE SERVICE

We're excited to be offering contactless table service at Rowers.

Simply scan the QR code at your table to view our full food and beverage menu, then place your order and pay with your card. Your order will be delivered directly to your table.

- **Scan the QR code**
- **View our full food and beverage menu including specials**
- **Select the items you would like to order**
- **Input your full name and member number for member discounts**
- **Pay with your card**

Your order will be delivered directly to your table, there is no need to wait in line at the bar, all you need to do is enjoy the view while you wait for your order to arrive.



SCAN THE CODE TO START ORDERING



TAPAS & SMALL PLATES

TAPAS & SMALL PLATES (ALSO AVAILABLE FRIDAY-SUNDAY, 3-5PM)			
Oysters Natural (GF) (DF)			
Half dozen	19 / 20		
Dozen	28 / 29		
Oysters Kilpatrick (DF)			
Half dozen	21/22		
Dozen	30 / 31		
Seared Scallops on Shell (Asian infused)		26 / 27	
Sticky lime soy, pickled seaweed, chives, sweet potato crisps, baby herbs			
Charred Marinated Octopus		19 / 20	
Red pepper emulsion, pickled cucumber salad, baby herbs			
Marinated Lamb Skewers		17 / 18	
Oregano salt, tzatziki, lemon			
Lemon Pepper Squid		15 / 16	
Lemon, aioli			
Spiced Cauliflower Salad (GF) (VGT) (vegan option available)		13 / 14	
Tuscan spiced roasted cauliflower, halloumi, tri quinoa, pistachio crumb, spinach			
Chili, Garlic Prawns		20 / 21	
White wine, napolitana, chili, crumbled feta, ciabatta			
Buffalo Wings (Smokey BBQ / Hot Sauce) (GF option available)		16 / 17	
Lemon aioli			
Smokey Corn & Parmesan Cheese Arancini (VGT)		14 / 15	
Lemon aioli			



SIDES | BREAD

SIDES

- Bowl Of Battered Chips**
(VGT)
Aioli

9 / 10
- Bowl Of Crispy Baby Potatoes**
(VGT, VGN, DF) (GF & Celiac option available)

10 / 11
- Sweet Potato Wedges**
(VGT)
Lemon aioli

10 / 11
- Shoestring Fries**
(VGT)
Aioli

10 / 11
- Bowl of Steamed Greens**
(VGT) (VGN) (GF) (DF) (Celiac)

11 / 12

DIETARY CODES

(VGN) Vegan, **(VGT)** Vegetarian,
(DF) Dairy free, **(GF)** Gluten free

BREADS

- Locally Baked Ciabatta**
(VGT) (DF)
Olive oil, balsamic, dukkha

5 / 6
- Garlic Bread**
(VGT)
Herb butter

7 / 8
- Garlic & Mozzarella Bread**
(VGT)
Herb butter

9 / 10
- Trio of Dips & Pita**
(VGT)

12 / 13
- Mixed Olives, Haloumi & Pita**
(VGT) (Vegan option available)

12 / 13
- Bruschetta**
(VGT) (Vegan option available)
Tomato salsa, feta, balsamic glaze

12 / 13



LITTLE ROWERS | PLATTERS | SALADS

LITTLE ROWERS (KIDS MEALS)

Battered Fish 12 / 13

Shoestring fries or veggies

Cheeseburger 12 / 13

Shoestring fries

Linguine 12 / 13

(VGT)

Tomato sauce & parmesan

Chicken Nuggets 12 / 13

Shoestring fries or veggies

**Kids must be under 12 years old.*

***All Little Rowers kids meals come with a kids soft drink and ice cream with your choice of toppings.*

SHARING PLATTERS

Vegetarian (Serves 2) 49 / 50

(VGT)

Trio of dips & pita, bruschetta, marinated olives, beetroot, spiced cauliflower salad, smokey corn arancini, sweet potato wedges

Seafood (Serves 2) 94 / 95

(DF & GF options available)

Natural oysters, grilled prawn cutlets, marinated octopus, black mussels, humpty doo barramundi, seared scallop, lemon pepper squid

SALADS

Rowers' Super Salad 20 / 21

(GF) (VGT) (vegan option available)

Tuscan spiced roasted cauliflower, halloumi, trio quinoa, pistachio crumb, spinach

Caesar Salad 18 / 19

(GF options available)

Baby cos, crispy bacon, soft egg, shaved parmesan, croutons

Greek Salad 18 / 19

(VGT) (Vegan option available)

Lettuce, tomato, cucumber, onion, olives, capsicum, fetta

SALAD TOPPERS

Salt & Lemon Pepper Squid 8 / 9

Grilled Prawn 9 / 10

(GF) (DF)

Lamb Skewers 9 / 10

(DF)

Lemon Pepper Chicken 8 / 9

Tuna Steak 16 / 17

(GF) (DF)

Charred Octopus 9 / 10

(GF) (DF)

DIETARY REQUIREMENTS

Please speak with our friendly staff if you have any allergies or dietary requirements.



OUR FAVOURITES

OUR FAVOURITES (MAINS)

Humpty Doo Barramundi 29/ 30
(DF) (GF) (Celiac option available)

Red pepper emulsion, corn fritter,
charred broccolini

Coffs Harbour Tuna Steak 29 / 30
(DF) (GF) (Celiac option available)

Crispy salted baby potatoes,
blister tomatoes, chimichurri

Kinkawooka Black Mussels 20 / 21
(DF) (GF) (Celiac option available)

Napoletana sauce, white wine,
onion, garlic, ciabatta

The Rowers' Burger 20 / 21

Beef patty, lettuce, tomato,
beetroot, cheese, bacon,
BBQ sauce in a milk bun, battered chips
(Lettuce bun available)

The Plant-Based Burger 20 / 21
(Vegan) (VGT) (DF)

Tomato chutney, beetroot,
lettuce cup, sweet potato wedges
(Milk bun options available)

Lemon Pepper Chicken Burger 20 / 21

Lettuce, tomato, aioli in a milk bun,
battered chips
(Lettuce bun available)

Lamb Skewers 29 / 30

Greek salad, shoestring fries,
pitta, tzatziki, lemon

De-constructed Seafood Pie 27 / 28

Marinara mix, white wine,
bechamel sauce, puff pastry

Pumpkin & Mushroom Risotto 22 / 23
(VGT)

Roasted pumpkin, wild mushroom,
garlic, chilli, white wine, basil

OUR FAVOURITES CONTINUED

24-hour Slow 33 / 34

Braised Lamb Roll
(GF) (DF) (Celiac option available)

Crispy salted baby potato,
roasted heirloom carrot,
charred broccolini, peppercorn jus

Crispy Pork Belly 28 / 29
(GF) (DF) (Celiac option available)

Celeriac puree, caramelised brussel
sprouts, apple chutney

Battered Flathead Fillets 22 / 23

Battered chips, house salad,
tartare sauce, lemon

Rangers Valley 250gm 37 / 38

Wagyu Rump Fillet MBS
5-6,300 Grain-Fed

(GF) (DF) (Celiac option available)
Crispy baby potato charred broccolini,
black garlic butter, peppercorn jus

Grass-Fed Scotch Fillet
(300gm) 38 / 39

(GF) (DF) (Celiac option available)
Paris mash, charred broccolini, jus

Salt & Lemon Pepper Squid 25 / 26

Battered chips, house salad, lemon aioli

Chicken Schnitzel 20 / 21

Battered chips, house salad

Chicken Parmigiana 23 / 24

Ham, sugo sauce, mozzarella,
battered chips, house salad

SAUCES

Extra sauce 1/2

Peppercorn jus, beef jus, or aioli

DESSERT SPECIAL

Sorbet

Trio Sorbet

14/15

Fresh seasonal berries & honey
glazed pistachio crumb



SPECIALS

MONDAY (FROM 5PM)

Two-for-One Mains*

Members receive 2 meals for the price of 1 on any meal under \$25

*Applies to Rowers' members only

Tuesdays (FROM 5PM)

250g Rump Steak 19/ 20

Served with chips and salad

+ Jus 2

WEDNESDAY (FROM 5PM)

Chicken Schnitzel Burger 17/18

Chicken schnitzel, lettuce, slice tomato, garlic aioli in a milk bun, served with battered chips

+ Special Beer Pairing 5

Furphy schooner

Mexican Beef Burger 17/18

Beef patty, cheese, lettuce, tomato, onion, jalapeno, hot sauce in a milk bun, served with battered chips

+ Special Beer Pairing 5

Corona bottle

THURSDAY (FROM 5PM)

Spaghetti Bolognese 18/19

Served with half garlic bread

+ Special Wine Pairing 5

150ml Primo Merlesco Merlot

Penne Chicken Boscaiola 18/19

Served with half garlic bread

+ Special Wine Pairing 5

150ml Deviation Rd Pinot Gris

FRIDAY HAPPY HOUR (5-7PM)

Happy Hour Beers 4

Tooheys New

Carlton

Asahi

Happy Hour Wines 5

Emily Sparkling

Rowers Pinot Noir

Rowers Rosé

Happy Hour Cocktails 10

Mojito

Aperol Spritz

Tommy Margarita

SUNDAY (FROM 5PM)

Sunday - Kids Eat Free*

With any main meal over \$20

(1 main meal = 1 free kids meal)

**No complimentary ice cream or soft drink in conjunction with this deal.*



ENTERTAINMENT

THURSDAY

Trivia Night

From 7:00pm

Free entry, and great prizes to be won!

1st: \$50 food & beverage voucher

2nd: \$25 food & beverage voucher

3rd: A bottle of red or white wine

On the spot prizes: Jug of beer

Please bring a blue or black pen, as well as a red pen for marking.

SUNDAY

Live Music

1–4pm

We have free live music every Sunday at Rowers.

SUNDAY

Member's Play to Win

From 6:30pm

Every Sunday at Rowers.

